

#### OlioVitali since 1950 - Health & Culture - Newsletter N. 8 / 2014

## **IN THIS NEWSLETTER:**

### **NEXT EVENTS:**

### **SQUALENE**

In the human body, squalene is one of the most important constituents of sebum, an oily substance that keeps hydrated the outer layer of the epidermis slows down the evaporation of water. Sebum also protects the skin from problems of various nature (detergents, chemicals, microorganisms, solar radiation, etc..).



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Some studies attribute to squalene also a protective action against cancer of the skin, thanks to its ability to fight free radicals and absorb solar radiation. The amount of squalene in olive oil is superior to that contained in other vegetable oils and to the amount of phenols.

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The most common fraud is to mix 95% of odorless oil and/or lamp oil with 5% extra virgin olive oil and sell to the final consumer this mix as extra virgin olive oil at a price lower than the cost of production of true extra virgin olive oil.

When the final consumer find in the market an extra virgin olive that cost less than the cost of production have to ask him/her self... "what am i buying?"



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